



भारत का राजदूतावास, बहरीन
Embassy of India, Bahrain

PRESS RELEASE

22 June 2025

**Embassy of India, Bahrain celebrated the 11th edition of
International Day of Yoga**

The Embassy of India, Bahrain celebrated the 11th International Day of Yoga (IDY) this year on 21 June 2025 with the theme “YOGA FOR ONE EARTH, ONE HEALTH”.

2. Embassy organized a yoga session at Bahrain Keraleeya Samajam on 21 June 2025. The event saw the participation of more than 500 yoga enthusiasts. On this occasion, Ambassador H.E. Mr. Vinod K. Jacob also felicitated Bahrain Yogasana team who recently participated in the 2nd Asian Yogasana Sport Championship, held in the month of April at New Delhi.

3. A short video on International Day of Yoga 2025 with the theme Yoga for one Earth, one Health, released by Ministry of Ayush, Government of India was played on this occasion. Also, a video titled *Viksit Bharat Ka Amrit Kaal, Seva, Sushasan, Garib Kalyan ke 11 Saal*, highlighting 11 years of achievements of Government of India was played, followed by videos highlighting the instructions/guidelines issued by Government of the Kingdom of Bahrain as updated on National Civil Protection Platform (NCPP), to create awareness among the general public in the context of prevailing regional situation. Ambassador, in his speech, also advised the Indian community in Bahrain to follow the instructions at NCPP and follow the advisories of the Kingdom of Bahrain.

4. The Yoga celebrations in Bahrain kickstarted in April 2025 with a yoga session at the Embassy to mark 75 days to IDY 2025. In the month of May, two yoga sessions to mark 50 days and 25 days to IDY was also held at Embassy premises. The International Day of Yoga celebrations continued throughout the month of June with a series of yoga-related events and initiatives across Bahrain from various Indian community Associations and schools, with an exclusive platform to spread the message of health and well-being to all segments of the community.

5. The Embassy takes this opportunity to thank various Indian community organizations, schools and Indian and Bahraini yoga enthusiasts for making the celebrations of Yoga day a resounding success.













